

# NATIONAL INDO-AMERICAN ASSOCIATION FOR SENIOR CITIZENS Inc.

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*A Non-profit Tax-Exempt Organization ID 11-3473654*

## 26<sup>th</sup> Conference & 14<sup>th</sup> Annual Meeting

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November 16, 2013

The National Indo-American Association for Senior Citizens (NIAASC) held its 26th conference on Seniors and 14<sup>th</sup> Annual Meeting concluding with Diwali felicitations on Saturday, November 9, 2013 at the at the Indian American Kerala Center, Elmont, NY. The conference was sponsored by one propriety entity, one major nonprofit, four nonprofit organizations and 24 individuals. Breakfast and lunch were provided. NIAASC also extended honors in three categories.

## CONFERENCE SUBJECT: HEALTHY AGING

### SPEAKERS/ SUB-SUBJECTS:

**Vasundhara Kalasapudi, MD:** Founder of India Home Inc.

Physical, Cultural and Emotional Issues of Seniors for Healthy Aging

**Veera Mookerjee, PhD:** Director: Family Support & Education, South Asian Council for Social Services -- Resources Accessible by Seniors for Healthy Aging

**Will Stoner,** Associate State Director, AARP, Resources through AARP.

In this 26<sup>th</sup> Conference on Seniors, NIAASC had an opportunity to interact with Indian American seniors and their families on this very pertinent issue. Pros and cons of the issue were discussed by the speakers and resources identified during the interactive discussion.

### HONOREES: 2013 honorees were as follows:

Since 2003 NIAASC has been selecting honorees in three categories:

Category -- Community Leader: **Mr. H R Shah**, Chairman and CEO of TV Asia, New Jersey

Category -- Person directly involved in an ongoing senior program:

**Chandulal P. Shah**, President, DFW Senior Citizen Samaj, Irving, Texas

Category -- An Ongoing Senior Citizen Program:

**Senior Program of Cupertino**, India Community Center, California

The conference was followed by 14<sup>th</sup> Annual Meeting of NIAASC. Dr. Ashok Sapre from California was approved as a Board member. NIAASC Board of Directors can have up to 21 members and currently it has 19. The Board of Directors also approved Sampurna Jain as Vice President replacing Dr. Vasundhara Kalasapudi. Vasundhara stays as a Board member.

After the conference Tara Kotecha extended Diwali greetings to all.



*Honoree Chandulal Shah from Texas being plaque by Avinash Suri*



*Sampurna Jain speaking; others Bhavani Srinivasan, conference Coordinator; P Ramaswamy Mohan, NIAASC President and Mr. Will Stoner from AARP, NY*



**Section of the participants: Vimala Balan from California speaking**



**Bina Sabapathy, Satpal Malhotra and Avinash Suri near Registration area**



***Another section of participants***

***NIAASC is an information, referral and advocacy organization serving Seniors of Indian origin in the USA. Information on its conferences and periodical newsletters are posted on its web site along with some articles of interest. NIAASC has been operational since 1998. All conferences and newsletters are posted on its web site.***

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